



## Easy Crustless Pumpkin Pie

### *Ingredients:*

- 2 cups pumpkin puree
- 3 eggs
- 1 Tbs flour
- ½ cup maple syrup, honey or sugar
- 2 tsp vanilla
- 1 tsp cinnamon
- ½ tsp nutmeg
- ½ tsp ginger
- ¼ tsp salt
- 1 cup milk

### *Directions:*

1. Beat together pumpkin, flour and spices
2. Add all other ingredients and beat together
3. Pour into a greased 9-inch pie pan
4. Bake at 400F for 35-40 minutes

\*2 tsp pumpkin pie spice can be substituted for other spices